

BOULDER COUNTY'S

EAT LOCAL! WEEK

[AUGUST 28TH THROUGH SEPTEMBER 4TH]

A CELEBRATION OF LOCAL FOOD AND FARMING!

Publication of the Fall Edition of Boulder County's EAT LOCAL! Resource Guide & Directory on August 25th

EAT LOCAL! Week Kickoff Event Saturday, Aug. 28th at Blues & Greens Restaurant in the Boulder Outlook Hotel at 800 28th Street. Dinner - 5PM; Program - 6PM. Featuring local food, the **official Boulder City Council and Boulder County Commissioners proclamation** of EAT LOCAL! WEEK, Louisville's own **Lionel Young Band**, along with brief presentations by a host of sponsors, officials and community partners.

Old Fashioned Ice Cream Social Sunday, Aug. 29th from 1:30 - 3:30PM, featuring **Boulder Ice Cream** and **Izze Beverages**, musical presentations from **Mojo Music Academy**, at the Boulder County Courthouse's south lawn, on Pearl Street Mall between 13th and 14th Streets. **Free!**

A Taste of the Local Food and Farming Revolution! Sunday, Aug. 29th at 7-9:30PM at Chautauqua Community House Grand Assembly; EAT LOCAL! Week keynote presentations celebrating the rising potential for the local food system with **Woody Tasch** (author of "Inquiries into the Nature of Slow Money") and Transition Colorado co-founder **Michael Brownlee**, plus a special video appearance by **Anna Lappé**, author of "Diet for a Hot Planet." Pre-event food by **StrEat Chefs**. Beverages at the Dining Hall. Admission is \$5.

5% Local Community Giving Day Wednesday, Sept. 1st Whole Foods' **Ideal Market**, at 1275 Alpine Avenue, devotes 5% of sales to support EAT LOCAL! Week and Campaign.

"Symphony of the Soil" An Evening with Deborah Koons Garcia Wednesday, Sept. 1st, 7-9:30PM at the Nomad Theater (1410 Quince), featuring excerpts of a work-in-progress film documentary from the producer of "The Future of Food," a groundbreaking film exposing the dangers and abuses of genetically-modified foods. Admission is \$10 at the door.

"Flat Iron Chef" Local Food Cookoff Thursday, Sept. 2nd, 5:30-8PM at Highland City Club, 885 Arapahoe Avenue. "Iron Chef" style cookoff, local chefs – **Eric Skoken** (Black Cat), **Matthew Jansen** (Radda/Mateo), **Ayan Rivera** (Chef at Large) – are paired with local farmers to produce a feast to benefit the Boulder County Farmer Cultivation Center, (sponsored by Slow Food Boulder, Highland City Club, Transition Colorado, and Everybody Eats!). Advance tickets are \$20 (please go to www.TransitionColorado.org/events.php). \$25 at the door.

Local Foodshed Commons & Conference Friday, September 3rd from 9AM - 5:30PM at University of Colorado's University Memorial Center, Glenn Miller Ballroom. Exhibits and demonstrations from local restaurants and chefs, local farmers and growers and their markets, local food retailers and distributors, non-profit organizations and community groups, local independently-owned businesses, renewable energy solution providers, sustainability services, green builders and developers, and many more! Presentations and workshops by **Fred Kirschenmann**, Leopold Center for Sustainable Agriculture (author of "Cultivating an Ecological Conscience"; **Vicki Pozzebon**, Santa Fe Alliance; **Bruce Milne**, New Mexico Foodshed Alliance; & **Bob McFarland**, California State Grange. **Free!**

EAT LOCAL! Celebration Friday, Sept. 3rd from 6 - 9PM at the Millennium's Outdoor Pavilion and Gardens and Thyme on the Creek, featuring local food prepared by local chefs, local music with **Mojomama**, **DU4**, and **Jeff Brinkman**, along with original local art. Admission is \$20 at the door.

"Tour de Coops" (Saturday, Sept. 4th from 2 - 5PM. Become familiar with urban chickens and the variety of their dwellings in Boulder, plus visit beekeepers, goatkeepers and cultivators of special culinary gardens. **Free!**

"Locally Delicious" Restaurant Specials Transition Colorado is encouraging local chefs to feature all-local lunch and dinner specials on a particular day or throughout EAT LOCAL! Week, highlighting locally-sourced entrees and locally-made products.

10% Local Food Shift Challenge featured at all Farmers' Markets throughout the County (Boulder, Lyons, Longmont, Louisville, Lafayette, Niwot) and all EAT LOCAL! WEEK events

Film Screening: "FRESH! New Thinking About What We're Eating" Monday, Aug. 30th at 7PM, at Louisville Public Library. Presented by Transition Louisville, this inspiring documentary by **Ana Sophia Joanes** stars Michael Pollan, Will Allen, and Joel Salatin, celebrating the real people who are taking sustainable steps toward reinventing the American food system.

EAT LOCAL! Film Festival Tuesday, Aug. 31st through Wednesday, Sept. 1st from 1-9PM at the Nomad Theater at 1410 Quince Avenue in Boulder.

August 31st Schedule

1PM DIRT! The Movie
3PM THE GARDEN
5PM LOCAVORE: Local Diet, Healthy Planet
7PM WHAT'S ORGANIC ABOUT "ORGANIC" ?

September 1st Schedule

1PM INGREDIENTS
3PM NUMEN: The Nature of Plants
5PM THE FUTURE OF FOOD
7PM **SYMPHONY OF THE SOIL**, with special live presentation by **Deborah Koons Garcia** (see description at left).

Admission is \$5 per film, \$15 Tuesday Pass, \$20 Wednesday Pass, or \$35 All-festival Pass.

Contact **Nikki Connell** at Nikki@TransitionColorado.org or 303-494-1521 (office) or 303-579-6045 (cell)

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